



## SHAN NETBALL TRAINING ACADEMY (SNTA)

Discover Your Strengths

# WELCOME PACK

*If you are looking for a club to take your netball to the next level then SNTA is the club for you. Our progress and results over the past year demonstrate our passion and the elite coaching the girls are provided with.*

*STNA is a Performance Academy - This means challenging ourselves to achieve our best individual performances to build a strong team performance. We encourage players to discover their strengths, building on their confidence so that they can be the best, on and off the court.*

*Shanaide Basquine, Director SNTA*

In the SNTA Welcome Pack you will find useful information on:

- Trials, Squads and Selection Process
- Training
- Competition and matches
- Club Kit
- Social Events
- Club Communications
- Code of Conduct
- Membership

## TRIALS, SQUADS AND SELECTION PROCESS

### TRIALS

SNTA is a high-performance academy and requires participants wanting to join the club to undertake a trial to gain selection to join the club. To find out more and book a trial: [SNTA TRIALS](#)

#### *Do not want to wait until then?*

In the meantime, we will be recruiting from our **Community Camps** as this is a great opportunity for:

- Participants to get a feel for the club, coaches and members.
- Coaches to continually assess players over the course of 3 days
- Participants to receive expert coaching and attend masterclass sessions
- Meeting new friends and having fun
- Participating in a Q and A with an International Netball Player

For more information and how to sign up for our next camp please visit our [COMMUNITY CAMPS](#) page.

### SQUADS & SELECTION

For each age group, SNTA will have an Academy Squad who will train and be selected to represent SNTA in competitions.

Members in the U10's age group will have an Academy and a Development squad. Those in the Development squad may progress into the Academy or be invited to play in friendly matches.

All squad selections are based on:

- Attendance
- Attitude to training
- Availability
- Ability

Squad selection will take place in September and there will be a reselection in December. Should any member excel in any of these areas throughout the season they may elevate up the pathway and be moved to a higher squad. The opposite applies for those who decline during the season.

Players selected are expected to be available for every match. There is **no minimum** amount of game play for any player in the squad.

## TRAINING

Current Training Schedule:

AGE Group (Age as at 1.9.22)	DAY	TIME	LOCATION
U9's	Saturday	11am – 12pm	Barns Elms Sports Centre SW13 0DG
U10's	Saturday	10am - 11am	
U11's	Saturday	9am - 10am	
U12's	Monday	5pm – 6pm	Bank of England SW15 5JQ  Note: The Bank of England require a password to enter the grounds which is changed weekly. The password will be posted in the WhatsApp group.
U13's	Monday	6pm - 7pm	
U14's	Monday	7pm – 8pm	
U15's	Monday	6pm – 7pm	
U16's	Monday	7pm – 8pm	

All training dates can be found on the website [SNTA training-academy](http://SNTA training-academy)

### WHAT TO BRING TO TRAINING?

- Water in a named water bottle
- A named size 5 netball
- Wear appropriate club kit

### ATTENDANCE

Should attendance drop below 80% the participant may be excused from the club and the space maybe offered up to the waiting list.

All absences to send a notification to [absences@shannetball.co.uk](mailto:absences@shannetball.co.uk) Please **do not text** as these will not be logged or opened.

## COMPETITIONS

SNTA will participate in the Surrey Junior Netball League.

We will be entering two teams in each age group (U10's – U15's) and 1 team in age groups U9 & U16. Matches will take place at 4 different locations:

- **U9's, U10's, U11's** @ Manor House School, Leatherhead
- **U12's & U13's** @ Downsend School KT22 8TJ
- **U14's** @ St Johns KT22 7JD
- **U15's & U16's** @ Howard of Effingham School KT24 5JR

The competition takes place bi-weekly on a Sunday with matches played between 9am-4pm. The matches are 1 hour and members are expected to arrive 30 minutes before the start time to register and warm up.

There is a £6.50 match fee required from players selected to play in the league. This will be requested via Teamer and is to be made upon selection, late fees may lead to deselection. The match fee covers the cost of coach and umpire at the match.

To be eligible to compete in matches with SNTA, members **must** be affiliated with England Netball via ENgage. Match invites are sent via the Teamer App, please respond to all Teamer invites promptly. Members may also be uninvited for numerous reasons (this decision may not be over written).

### **FIXTURES AND MATCH DAYS**

Fixtures and match dates can be found the [SURREY JUNIOR NETBALL LEAGUE](#) website. Please pencil in the attached league dates.

### **SISTERS N SPORT NATIONAL KNOCK-OUT CLUB CUP**

SNTA will be entering an U12 team in the Sisters N Sport National Knockout Cup. A total of 12 athletes will be selected to participate, full details can be found here: [SISTERS N SPORT NATIONAL NETBALL CUP](#)

### **ENG YOUNG NETBALL PERFORMANCE LEAGUE**

SNTA will be entering an U12 and U14 team in the ENG Young National Performance League, and play against some of the best teams in the country. A total of 12 athletes will be selected to participate, full details can be seen below. [ENG YOUNG NETBALL PERFORMANCE LEAGUE](#)

### **SURREY & KINGSTON SENIOR NETBALL LEAGUES**

The best way we can develop our young growing athletes is by having them continually challenge themselves. Once an athlete is over the age of 14, they are eligible to compete in adult netball leagues. We have partnered with a Putney Netball Club and have produced a Junior Program for the young athletes in year 10 and 11 at Shan Netball Training Academy. Additional to their regular SNTA season it includes:

- Competing weekly in the Kingston and Surrey Netball League on Saturday mornings
- Attending a monthly netball session with Putney Netball Club

More information and how to sign up will be emailed separately.

## **CLUB KIT**

Participants are expected to wear SNTA kit to both training and matches. Any participant not wearing full kit maybe asked to not take part in the session. A full price list for kit and ordering details can be obtained by contacting our kit secretary Vanessa.

#### **Training Kit:**

- ✓ SNTA Hoodie
- ✓ SNTA T-Shirt  
(white)

#### **Competition/Match Kit:**

- ✓ SNTA Hoodie
- ✓ SNTA Netball Dress\*
- ✓ SNTA Leggings\*
- ✓ SNTA Base Layer Long Sleeve\*
- ✓ SNTA socks\*
- ✓ Match T-shirt (black)\*

\*Obligatory for matches, optional for training

ITEM	PRICE	SIZES	Necessity
Hoodie	£20 child sizes £25 adult sizes	5/6 7/8, 9/11, 12/13 S M L XL	COMPULSORY ITEM
T-shirt	£10	5/6, 7/8, 9/11 12/13 and S M L XL	
Dress	£35	6, 8, 10, 12, 14, 16, 18	
Socks	£4	9-12, 12.5-3.5, 4-7	
Base layer top	£20	(Sizing in table below)	
Scrunchie	Free (£1 for replacement)	One size	
Hat	£10	One size	OPTIONAL
Thermal Headband	£8	One size	

### 284 ALL PURPOSE BASELAYER - AVAILABILITY

Available Colours	Black / Navy / White / Red / Royal										
International Size	SY	MY	LY	XLY	S	M	L	XL	2XL	3XL	
Years	8/9	10/11	12/13								
Chest Inches (to fit)	26/28	28/30	30/32	32/34	34/36	38/40	42/44	46	48	50	
Chest cm (to fit)	66/71	71/76	76/81	81/86	86/91	97/102	107/112	117	122	127	
Vatable	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes

For any queries regarding kit please contact our Kit Secretary:

**Vanessa:** [vlrobert42@gmail.com](mailto:vlrobert42@gmail.com)

## SOCIAL EVENTS AND VOLUNTEERING

As a club we organise various social events. Last year our highlights included:

- Xmas Ice Skating - December (whole club)
- White water rafting - July (Under 15's)
- Disney Paris Netball festival - October (Under 12's/13's & 14's)

At the start of the season, we will release a social calendar of events. The social events are usually organised by volunteers (parent/carers of members). We are always on the lookout for volunteers so we encourage you to get involved and lend your support to the club where you can.

## CLUB COMMUNICATIONS

Our communications will be delivered via **email** and/or via the parents **SNTA WhatsApp group**, this is predominately set to 'Admin Only' being able to send messages. This is to ensure that important information is not lost in "chat". We encourage parents/carers to organise smaller WhatsApp groups for their communications.

We encourage you to follow us on Instagram for instant messages and alerts. Information is also regularly updated on our website [www.shannetball.co.uk](http://www.shannetball.co.uk)

## COMMUNICATIONS – MATCH SELECTIONS

Match invites will be sent via Teamer (please download the app) this allows coaches to check athletes' availability for selections. Finals selections will be posted on the SNTA Parents WhatsApp group a week before the fixture.

## CODE OF CONDUCT

Please ensure you read the **Participants Code of Conduct** and the **Parents Code of Conduct** which are located on the [SHAN NETBALL](#) website.

## MEMBERSHIP

Here's your checklist to become a SNTA member:

- Complete a membership form [SNTA MEMBERSHIP FORM](#)
- Join the [TEAMER APP](#) **USING YOUR DAUGHTERS NAME ONLY** (new members only)
- Purchase kit
- Join (new member) or Renew (existing member) affiliation with England Netball using the [ENGAGE AFFILIATION GUIDE](#)
- Attend the [ACADEMY REGISTRATION MEETING](#) 7<sup>th</sup> September 2022 @ 7.30pm
- Join the parents [SNTA WHATAPPS GROUP](#)
- Pay **£220 membership fee** to;
  - Santander Shan Netball
  - Account: 82643725
  - Sort Code: 09-01-28
- Follow us on Instagram shan\_london\_netball
- Have fun and enjoy being part of a high-performance club!